



## Food Safety and Sanitation

### OUR FAVORITE MICROORGANISMS

Hepatitis A (Hep A)	I need help, because I'm weak
Noro-Virus	Found on Cruise ships. Cruise ships sail in Dirty Water
Typhoid Fever	Typhoid/ Typhoon. Spread by diarrhea
Salmonella	Sam and Ella go to a party. Sam brings the chicken, Ella brings the eggs
Shigella	Sh**. Spread by flies. Flies like Sh**
Listeria	<ul style="list-style-type: none"> <li>• Sounds like Wisteria. The Desperate Housewives live on Wisteria Lane. (affects pregnant women)</li> <li>• Listerine leaves a cool sensation (affects cold cuts deli meat)</li> </ul>
Campylobacter Jejuni	Campylobacter can be contracted while camping. Don't drink from the stream
Cyclospora	Cycle your water to keep it clean
Vibrio	Vegas. You eat Oysters in Vegas
Bacillus Cereus	Cereus- Cereal. Affects rice and corn dishes
Staph	You get Staph from your Staff
Botulism	Bulging Bottle
Clostridium	Cluster of meat. A stew is a cluster of meat
E- Coli (Hemorrhagic Colitis)	Colon. Found in Cow's poop.
Anisakiasis	Sounds like sake. You drink sake with sushi. Sushi is raw fish
Cryptosporidiosis	Crypto-Crib. Found in Day cares. Poopy diapers
Giardia	Oh Gawd I have diarrhea
Cyclospora	Cycle your water to keep it clean
Ciguatera	Terror. Found in predatory reef fish
Scrombroid/ Histamine	Histamine will be History if you keep your fish cold
PSP Paralytic Shellfish Poisoning	Paralysis will kill you
ASP Amnesic shellfish poisoning	Amnesia= Confusion
NSP Neurotoxic shellfish poisoning	Neuro= Numbness